

Family Talk – Love God Love People

READ TOGETHER

Ephesians 4:17–32

1. When Paul is talking to the Ephesians about what they learned about Christ, (v. 20) he starts with *throwing off* and *putting on* rather than do this or don't do that. Why do you think he started the conversation that way?
2. What can we do to let the Spirit renew our thoughts and attitudes? (v. 23)

LIVE IT

Paul used an illustration of changing clothes when he talked to the Ephesians. It's possible he did this to demonstrate that when we know Christ, we have to throw away our sinful behaviors. Our new identity comes from Christ when the Spirit renews our thoughts and actions.

The key thought for us in this passage is *let the Spirit renew your thoughts and attitudes*. This should become a goal for all of our families. What are some emotions, behaviors, and attitudes that need to be renewed? Ask each family member to identify one and pray for God to help create new habits, behaviors or attitudes.

LEAN ON GOD

Dear God,

Thank You for creating a new self for us designed to be like You. We ask You to renew our minds through Your Word and Your Spirit.

We love You.

Amen.

