

Family Talk – Peace

READ TOGETHER

Galatians 5:22-23

1. In Philippians 4:6-7 we're taught not to worry about anything. Instead we should tell God what we need, and thank Him for all He has done. Then we'll experience God's peace.
 - a. When can you take time to talk with God?
 - b. What situations in your life would be better with God's peace?
2. Why do you think so many people don't have true peace?

LIVE IT

Peace is more than holding your tongue or not arguing. It's about having calm and easygoing relationships, in harmony with each other. Only the Holy Spirit produces the gift of peace in our lives. We cannot gain God's peace from a person or a thing.

This week, don't be troubled. Talk to God about challenging situations, recall all He has done for you in the past, and thank Him. Choose to enjoy the gift of peace of mind and heart from the Holy Spirit.

LEAN ON GOD

Dear God,

Thank You for the gift of Your peace. As we pursue relationship with You, help us develop the habit of coming to You with our troubles and fears so that we can find peace in You and You alone.

We love You.

Amen.

