

SUMMER IN THE PSALMS

Waiting
Message 4

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August 6, 2023

2. _____ wrestling.
(Psalm 13:3-4. C/R: Numbers 6:24-26; Psalm 4:6)

► Outline

but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.
Isaiah 40:31 (ESV)

A. Introduction (Isaiah 40:31)

3. _____ my worship.
(Psalm 13:5-6; Hebrews 9:28. C/R: Matthew 26:26-30;
2 Peter 3:12)

B. Waiting... (Psalm 13)

1. _____ me.
(Psalm 13:1-2. C/R: Psalm 27:14; Isaiah 30:18; 43:2; Philippians
4:6-7; 1 John 1:9)

Answers: 1. Forms 2. Forces 3. Fuels

Resource Information: Scripture quotations marked (NLT) are taken from the *Holy Bible*, New Living Translation, copyright © 1996, 2004, 2015 by Tyndale House Foundation. Used by permission of Tyndale House Publishers, a Division of Tyndale House Ministries, Carol Stream, Illinois 60188. All rights reserved. C/R refers to a 'cross reference.' Today's outline and discussion guide are available through the Brookwood Church app.

► Discussion Guide

Use this guide by yourself or with friends to pursue a deeper relationship with Jesus. To connect with others, visit brookwoodchurch.org/adults.

Conversation Starter

Describe a hardship you felt would never end.

Prayer

Pause in quiet for a few moments to allow the presence of God to settle into your heart. Ask God to open your eyes to something new as you study and reflect on this week's lesson.

Bible Study and Group Discussion

Read Psalm 13 out loud.

1. Have you ever felt forgotten by God? How do you identify with David?
2. To what extent do you pour out your heart to God in prayer? Do you share your heart honestly and openly? How can expressing your emotions help you in tough times?
3. David repeats *how long* four times emphasizing his anguish (in Hebrew, the phrase *how long* sounds quite similar to the word *groan*). Have you ever been in a *how long* season of life? What happened? How did you deal with it? How did it affect your faith?
4. David didn't ignore or cover up the hurt he was feeling. What are reasons we sometimes hide our pain? What happens when we pretend everything's OK?
5. Not only was David aware of his need, but more importantly, he realized it was beyond his own coping. Think of a time you tried to manage life or your inner world on your own. What happened?
6. David wasn't content receiving a blessing from God, he wanted to see His face (vs. 1). What's the difference? What does this tell you about his real struggle?
7. In the midst of turmoil, David made the radical choice to continue offering praise to God. How can you worship God even when you don't feel like it?

8. David's agony led him to God. How has hardship led you to God? What can you learn from this?
9. David left room in his heart for God to bless him beyond what he requested. How can you learn to expect God to come through even when He feels far away?
10. The situation David was facing is not clearly defined, but it's clear he had not abandoned hope. He continued to put his trust in the Lord. What helps you keep hope alive?
11. What part of this Psalm encourages and strengthens you?

Spiritual Practice

A spiritual practice is something we can do to help us live in and enjoy God's grace. Our hope is that these would become a regular part of your life, so that walking and talking with God is the most natural thing you do.

The apostle Paul prayed a beautiful prayer of blessing over the church in Ephesus. Read Ephesians 3:16-19 each day this week and ask God to strengthen you with His power and ground you in His love.

Memory Verse

*but they who wait for the LORD shall renew their strength;
they shall mount up with wings like eagles;
they shall run and not be weary;
they shall walk and not faint.*

Isaiah 40:31 (ESV)

Daily Reading

Day 1: Psalm 25:1-2, 16-21 Day 4: Jeremiah 17:7-8
Day 2: Romans 8:22-25 Day 5: 2 Peter 3:11-14
Day 3: Numbers 6:22-27

Prepare for Next Sunday

Next Sunday, August 13, we'll begin a new series *Jesus at the Center of the Church*. To prepare, read **Revelation 2:1-7**.



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