



TALKING TO YOUR KIDS ABOUT SEX

It's about more than one conversation.



Sexual Integrity Timeline

The earlier you have these conversations, the better! Children are being exposed to pornography earlier and earlier to younger ages.

At Brookwood we wait to have these conversations, so parents can have them first! We do not talk about sex in our large groups until students are in grade 7.

Decisions to Make

1. Who is responsible for leading these conversations? (Mom or Dad)
2. What language will we use (not only words, but body language and affection)?
3. Which resource will we use as a tool to help guide the conversation?

PRESCHOOL AGE CHILDREN

- Proper Names for Private Parts.
- Boundaries for Private Parts.

ELEMENTARY AGE CHILDREN

- Boundaries for Private Parts.
- Purpose of Marriage and Sex.
- Instruct on Healthy Relationships especially friendships.

MIDDLE SCHOOL AGE CHILDREN

- Conversations about puberty and the changes that are happening.
- God is changing their body into an adult.
- Listen and ask questions as well!

HIGH SCHOOL AGE CHILDREN

- Boundaries in dating.
- Spouse prospecting.
- Listen and ask questions.
- Be vulnerable especially in the area of sex, including failures.

If you are divorced, even if you are not in the same home, you need to be on the same page about who is having the conversations.

REMINDERS

- It's more than one conversation.
- Pick who is responsible for leading the conversations.
- Pick your language.
- Pick your resource.

RESOURCES

- *The Talk Series* by Focus on the Family
- *God's Design for Sex* by Stan and Brenna Jones
- *How And When To Talk To Your Kids About Sex* by Stan and Brenna Jones
- *How should Teenagers Handle Relationships with the Opposite Sex* by John Piper
- *Passport to Purity* Curriculum